



Dear Pacific Ridge Families:

Thank you for following the school's COVID protocols; the willingness of our families to comply with these protocols is helping to keep our campus open.

I am writing to inform you of a [new travel advisory](#) issued on Friday from the California Department of Public Health (CDPH).

Travel Advisory

According to the CDPH, as of Friday, November 13, anyone traveling out of the state should self-quarantine for 14 days upon return. Obviously, this advisory has ramifications for our families who have made plans for out-of-state travel over the Thanksgiving and/or year-end holidays.

Due to this new travel advisory, if your family travels out of state, please plan for your child to attend school virtually for two weeks, starting on the day of your return to California.

Holiday Guests

If you have out-of-state visitors during this time, please consider keeping your child home for two weeks to reduce the possibility of transmission should they be infected by your guests. Please note that this is a suggested, but not required, precaution.

General Guidelines

Below are the school's suggested protocols for student travel and holiday activities:

- Follow all [CDC Guidelines regarding travel](#), in addition to this new state travel advisory.
- Follow the [CDC Guidelines for holiday celebrations](#).
- Wear face coverings, maintain physical distance, and avoid groups of people that include individuals from more than three families ([California state guideline](#)).
- Avoid gatherings like reunions, parties, weddings, funerals, sporting events, concerts or parades
- Avoid restaurants, bars, airports, bus and train stations or movie theaters
- Avoid traveling on a cruise ship

If you stay in California, but find yourself in a situation where you are unable to wear a face covering and/or keep physical distance from others (particularly unknown people), we ask that you do the following upon your return to school:

- Prepare to attend school remotely for up to 14 days.
- Take a COVID-19 PCR test 5-7 days after your potential exposure (CSUSM provides free testing every day, no appointment necessary).
- Return to campus only after receiving a negative COVID-19 PCR test result.

Please continue to answer your **HealthCheck App** questions honestly, even if the response triggers a requirement to stay off campus. By exercising caution during the holidays, we will help keep our community safe and healthy.

Sincerely,

Renee Bertken, MSN, RN, PHN
Lead School Nurse